

MENTAL HEALTH FOLLOW UP

Mild Concern

PHQ score 5-9



Counsel patient about symptoms and coping tools

Coping Tools

* see coping list

Moderate Concern

PHQ score 10-14



Counsel patient about symptoms and discuss therapy and referral:

What Is Therapy?

* stigma concerns

Severe Concern

PHQ score 15-20



Counsel patient and screen for risk using PHQ's question 9 & Suicide screening questions

No current thought: therapy referral.

Current thought but no plan: contract for safety, therapy referral.

Current thought/plan: emergency management.